

# 3-Person Crew - Pre-Game

# **ADMINISTRATIVE** (Referee leads)

- 20min before game time Be on the field
- Coaches Spend same amount of time w/ each
- Captains Emphasize sportsmanship
- Faceoff Men Check contrasting color on shafts
- Check Goals No balls or nets in them
- Balls 6 on sidelines and end lines



**FACEOFFS** (Top to stop, parallel to line, ball in center, clear neutral zone)

- Mechanic Place ball, Down, adjust sticks, "set", back out, whistle
- Faceoff Official Back out to single side, be aware of the wings; stay safe!
- Lead Left (Helper) Be aware of the wings, call violations if you see them
- Wing Official Stop sign until field is set, when ready then point
- Violations No play-on! Single restarts; crew tracks # of violations (NCAA)
- Count Single has the count upon possession

### **LEAD OFFICIAL**

- Position Step above or below GLE
- Transition Stay one line ahead of the ball
- Coverage Two-man game until Trail gets in
- End Line On or near line for contested plays
- Goals Check with Single, watch bodies

### TRAIL OFFICIAL

- Position At the top of the box, end of wingline area
- Transition Stays behind the ball
- On Shots Shooter, shooter, shooter!
- Far Goal You are the Lead
- Offside Count offense, then defense

### SINGLE-SIDE OFFICIAL

- Position At the top of the crease
- Transition Gets to the far cone
- On Shots Shooter, shooter, shooter!
- GLE Cover goal if Lead drops below
- Offside Count offense, then defense

### **CREASE PLAY**

- Lead/Single Confirm before signaling goal
- Ball Toward You Watch feet
- Ball Away from You Watch body
- Dives:
  - NCAA May land in crease under certain circumstances (cover these)
  - o **NFHS** MUST land outside the crease even after ball goes in
  - o Remember If feet are grounded while shooting, it is NOT a dive

### ADVANCING THE BALL / OVER AND BACK (OAB)

- Single has all counts (Trail has 4-second crease count)
- All 3 must be aware when count is satisfied (one hand in air)
- Over-and-Back only when count satisfied and offense was last to touch
- Turnover when ball breaks the plane (immediate whistle, rare play-on)
- Single restarts, New Lead hustles to GLE

# **ILLEGAL OFFENSIVE SCREEN**

- Player's feet hips width apart
- Not moving prior to contact
- Crosse held within vertical plane of body
- Contact required!

# HIGH/LATE HITS

- If it's close, it's high! Call from anywhere
- Do not miss anything after 2 partners talk, 1 watches players
- Shooter, shooter Stay with him as Trail and Single
- If called early Probably not going to have to worry about these later

# **RESTARTS** (Quick; not rushed)

- No running from out of bounds, tell player to slow down
- Defense must obtain 5 yards of separation or flag down
- Teammates cannot be within 5 yards
- Turnover in field of play (new defensive team cannot call timeout)



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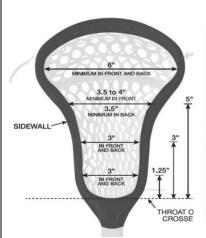
# NCAA SHOT CLOCK (Visible) - 80 seconds

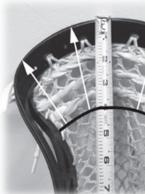
- Begins when official gives the "reset" signal
- Ball must be across the midfield line at 60 sec.

# NCAA SHOT CLOCK (Off the Game Clock)

- Called out by the table in 10 sec. increments
- Over and back is in play at 60 sec. and below

If clock does not start, stop play when there is no imminent scoring opportunity **Shot** = Hits pipe, goalkeeper, or a goal is scored. Shot must be above GLE.





# GOODIES (when to end a flag down, slow whistle)

- Goal is scored
- Offense commits a penalty
- Out of bounds
- Defense gains possession
- Injury in the scrimmage area
- End of the period or the game
- Second foul be defense (NFHS)

### **EQUIPMENT INSPECTIONS**

- Where Midline; two officials face in, one faces
- When Timeouts and quarter breaks (adjust as needed)
- Who Grab the bench you are closest to;
  Single gets ball
- Fix It Tickets Incorrect butt end, hanging strings past 2"
- NFHS All fouls 2m and fixable
- NCAA 1-3m and varies

# **GAME MANAGEMENT - ADVANCED**

- Remember the plays a coach may want to talk about later
- Create allies with goalies, captains, and assistant coaches
- **Ghosting** Imagine you are transparent and negative comments pass through you

# **GAME MANAGEMENT - HELPFUL PHRASES**

- "Coach, I want to work together."
- "I understan' that; I 'preciate that, but here is what I saw on that play..."
- "I need you to rein in your assistant before he puts you man down."

### **FINAL CHECKLIST**

- Whistles, flags, timers, scorecards, coins, measuring tape
- Do our uniforms match?
- Remember we have to call the ROUC!
  - ROUGH, OBVIOUS, UNNCESSARY, CHEAP

### WHEN THE BALL IS DEAD WE BECOME ALIVE!

#### **REMINDERS**

- Crease Calls Come in and communicate
- Sub Area Stay aware and count ahead
- Man Down Face Vacated wing, release waits on possession
- End of Quarter Shot is not possession
- Goalkeeper -DOES NOT get 5 seconds on restarts in NCAA, NFHS does